



# UK Aerial Performance Championships 2019

[www.ukaerialperformance.co.uk](http://www.ukaerialperformance.co.uk)

## Entry Form

**Name:**

**DOB:**

**Address:**

**Phone:**

**Email:**

<b>Category:</b>	Open	Lyra	Silks
<b>Level:</b>	Amateur	Instructor	Professional
	Doubles	Youth	

Please Note: If you are participating in the doubles section please complete an entry form per person.

**Partner's Name (if applicable):**

**1st Choice Audition Venue:**

**Audition Date:**

**Alternative preferred venue/date if 1st choice is unavailable:**

### Experience

**How long have you been training in aerial arts?**

**Where have you trained in aerial arts?**

**How often do you practise?**

**Other relevant experience (dance, gymnastics, pole):**



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## Entry Form Continued

This section only needs completing by instructor and professional competitors.

**Do you teach aerial arts?** **Yes** **No**

**Do you perform professionally?** **Yes** **No**

**Other performance experience:** .....

.....

.....

**Please Read and Sign** - If under the age of 18 this must be signed by a parent or guardian.

**Competitors are responsible for getting to their audition on time. All dancers should plan to arrive 1 hour prior to the start time at the venue. All competitors must be on site a minimum of 1/2 hour prior to the event or their entry will be forfeited unless otherwise stated in the event page. This is to allow time for us to process all competitors and explain the rules and judging process.**

*I have read and understand the terms and conditions and judging criteria, and by submission of this form wish to be entered in the events above. I hereby, for myself, my heirs and my executors, waive and release any and all rights and claims I may have for damages against Freestyle Fitness and/or their sponsors, agents or representatives for any injuries which may be suffered or damages/loss of property by attending, participating in or travelling to or from said competition by submission of this form. Participation or attendance constitutes authorisation to use and reproduce any and all photographs, negatives or positives, proofs and prints taken during the event.*

**Signed:**.....

**Date:**.....

**Print Name:**.....

**Relationship to Competitor:** .....



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## Terms and Conditions

\* There will be fourteen categories within the championships.

Amateur Lyra  
Amateur Silks  
Open Amateur  
Instructor Lyra  
Instructor Silks  
Open Instructor  
Professional Lyra  
Professional Silks  
Open Professional  
Youth Lyra  
Youth Silks  
Open Youth  
Amateur/Youth Open Doubles  
Professional/Instructor Open Doubles

\* To enter amateur categories participants must not have made money from the discipline in any way. This includes instructing and performing.

\* To enter instructor categories participants must not have performed professionally on any aerial apparatus. Any person who has undergone instructor training of any aerial discipline must enter instructor level categories.

\* Participants are permitted to use their own equipment. All equipment will be safety checked prior to the start of the competition. If you are providing your own equipment, you must also provide all carabineers, swivels and strops to attach it to the single point.

\* The only equipment that will be provided by the championships is a 95cm 0 point lyra, a 95cm two point lyra, 65cm static trapeze, and 8m silks. If you do NOT want to perform on those items, please ensure you bring your own.

\* Participants will not be permitted to use equipment that is not deemed to be safe or correctly rigged.

\* Silks must be mounted on a silks hook or a figure 8.

\* If a double point apparatus is going to be used, a paw plate or spreader bar must be supplied by the competitor.

\* Participants' levels and experience will be taken into account when judging.

\* Participants must be 14 years and over to enter all categories except YOUTH and AMATEUR DOUBLES. Participants aged 8-13 years only may enter YOUTH categories.

\* Entry places at each regional venue will be given on a first come, first served basis.

\* Participants are only permitted to enter each category once throughout the entire championships. However they are permitted to enter different categories at different venues or two or more categories at the same venue.

\* A separate entry form is required for each category entered.

\* While we will try our best to offer you a place at your preferred audition venue. We reserve the right to change the venue location or event date if required.



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## Terms and Conditions - Continued

- \* Entry to the competition will open on Wednesday 2nd January at 9am. Once we receive an entry form, we will confirm if a space is available and will reserve that place for 48 hours for the entry fee payment to be made. Once the entry fee has been received, your place will be guaranteed. If payment is not made within 48 hours, the place will be re-opened.
- \* Entry fees are non-refundable and non-transferable.
- \* Payment of the £20 entry fee can be made in person at the Freestyle Fitness Studio, via bank transfer or via Paypal.
- \* Entrants must not be under the influence of drugs and/or alcohol.
- \* Entrants must be fit to perform and must warm up prior to their audition.
- \* Organisers reserve the right to disqualify any participant they believe to be acting in an unprofessional manner or to have breached these terms and conditions.
- \* All entries must be a minimum of 2 minutes and no longer than 4 minutes and 30 seconds.
- \* Competitors' music choice should be submitted to us at least 7 days prior to the event date to [music@ukaerialperformance.co.uk](mailto:music@ukaerialperformance.co.uk).
- \* Profanities will not be permitted within your music choice. Nor will excessive vulgarity or other offensive material.
- \* Entry forms must be returned by email to [info@ukaerialperformance.co.uk](mailto:info@ukaerialperformance.co.uk) or by post to: Freestyle Fitness, Jessamine Cottage, Greyfleet Bank, Saltfleet, Louth, Lincolnshire, LN11 7SE.
- \* Any props, glitter or any other substance must be pre-approved by both the competition organisers and the venue owners, so please notify us ASAP if you intend to use anything in your act.
- \* By participating in the UK Aerial Performance Championships you are declaring you are aware of the risks involved in aerial activities and are responsible at all times for your own safety.
- \* All regional event performances will be judged live. We will have 1 judge that attends all regional events and the score from this judge will make up 50% of your overall score for assessment of placements in the UK Aerial Championship final. We may have additional guest judges at regional events and their scores will be used when assessing regional event places only, and will not be included when assessing placements for the final. All competitors will receive scores and feedback from the regional event live judges. We aim to send this to competitors within 2 weeks of the regional event.
- \* All regional event performances will be recorded and all performance videos will be re-judged by a minimum of two additional judges. All entries within the same category will be judged by the same two video judges. The average score from the video judges, will make up a total of 50% of your overall score for the assessment of placements in the UK Aerial Performance Championship final. All competitors will receive scores and feedback from the video judges but this may take some time to be sent to you.
- \* Judges' decisions are final and will not be negotiated. However, if you have any questions surrounding your score/feedback then please contact us at [info@ukaerialperformance.co.uk](mailto:info@ukaerialperformance.co.uk).



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## Judging Criteria

**Costume:** 10% of overall mark.

- \* Nudity is not permitted.
- \* Costumes must be appropriate and safe for performance in your chosen discipline.
- \* Heels are not permitted.

**Equipment transitioning:** 10% of overall mark.

- \* This score will be based on how you move on and off the apparatus and how you adapt to different levels on the apparatus - e.g. from bottom to top bar of hoop, onto the ropes of the trapeze or various heights within the silks.
- \* Presentation, fluidity, strength and technical ability will be assessed.

**Floor work:** 10% of overall mark.

- \* Floor work is not compulsory. Choreography score from the performance section of score sheets will be used again here if floor work is not present.
- \* Relevance to overall performance will be assessed.
- \* Presentation, fluidity and musicality will be assessed.

**Tricks:** 20% of overall mark.

- \* Tricks and skills will be assessed alongside your experience and length of time training.
- \* Marks will be deducted for poor execution of tricks, e.g. lack of strength, bad alignment or positioning.
- \* Fluidity of transitions between tricks will be assessed.

**Performance:** 50% of overall mark.

- \* Presentation, fluidity, musicality and entertainment will be assessed.
- \* Length of time training and your performance experience will be taken into account.
- \* Choreography, audience interaction and imagination will be given credit.

## Scores

\* All regional event performances will be judged live. We will have 1 judge that attends all regional events and the score from this judge will make up 50% of your overall score for assessment of placements in the UK Aerial Championship final. We may have additional guest judges at regional events and their scores will be used when assessing regional event places only and will not be included when assessing placements for the final. All competitors will receive scores and feedback from the regional event live judges. We aim to send this to competitors within 2 weeks of the regional event.

\* All regional event performances will be recorded and all performance videos will be re-judged by a minimum of two additional judges. All entries within the same category will be judged by the same two video judges. The average score from video judges will make up a total of 50% of your overall score for the assessment of placements in the UK Aerial Performance Championship final. All competitors will receive scores and feedback from the video judges but this may take some time to be sent to you.

\* Judges' decisions are final and will not be negotiated. However if you have any questions surrounding your score/feedback then please contact us at [info@ukaerialperformance.co.uk](mailto:info@ukaerialperformance.co.uk)



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## Entry Criteria

### Youth Competitors

All youth categories are open to ages 8-13 years only. If a participant will be aged 14 or above on the date of the final (24-08-2019) you must enter alternative categories. There are no restricted moves in any categories but we do strongly advise all youth competitors to use a mat and to have a spotter at hand who knows your routine well enough to identify if you have got caught up or wrapped incorrectly.

There will be three separate solo youth categories: Youth Lyra, Youth open and youth silks. Youth doubles may participate in the youth/amateur doubles category.

### Amateur Competitors

All amateur categories are open to anyone aged 14 or above on the date of the final (24-08-2019). There are no restricted moves but participants are strongly advised to use the mat provided and participants are permitted to have a spotter close by if required. To participate in the amateur categories, participants can not have made money in any way on any aerial apparatus. This includes instructing and performing.

This category is also not open to any person who has undertaken instructor training in any aerial discipline or is actively seeking work as a performer.

There will be three separate solo amateur categories: Amateur Lyra, Amateur Open and Amateur Silks. Amateur doubles may participate in the youth/amateur doubles category.

### Instructor Competitors

All instructor categories are open to anyone aged 14 years or above. There are no restricted moves. Participants are permitted to use a mat and have a spotter close by if required. To participate in the instructor categories, participants can not have made any money from performing in aerial arts or actively be seeking work as a performer. The instructor categories are for instructors of any aerial discipline or those who have undertaken instructor training ready to work as an instructor in the future.

There will be three separate solo instructor categories: Instructor Lyra, Instructor Open and Instructor Silks. Instructor doubles may participate in the instructor/professional doubles category.

### Professional Performer Competitors

All professional categories are open to anyone aged 14 or above on the date of the final (24-08-2019). There are no restricted moves. Participants are permitted to use a mat. This level is open to any participant who has earned money performing on any aerial apparatus or is actively seeking work as an aerial performer.

There will be three separate solo professional categories: Professional Lyra, Professional Open and Professional Silks. Professional doubles may participate in the instructor/professional doubles category.



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## Categories

### Lyra Categories

Lyra categories are open to participants using double point, single point, 0 point, tippy and mini hoop.

Participants are permitted use of their own hoop in all lyra categories providing they meet industry standards of safety and are rigged correctly. If a double or tippy hoop is used it must be rigged to a paw plate or spreader bar.

The only hoops provided are a 95cm 0 point hoop and a 95cm double point hoop. Please ensure you let us know if you would like to use our apparatus.

### Silks Categories

Silks categories are open to participants using silks.

Participants are permitted to use their own silks. The only silks provided are 8m firetoys silks. Please ensure you let us know if you would like to use our apparatus.

### Open Categories

Open categories are open to participants using any apparatus that can be mounted to a single point swivel that is not included in our lyra or silks category.

If a double point apparatus is to be used (e.g. trapeze, hammock, net, etc.) it must be rigged to a paw plate or spreader bar so it can be safely rigged to the single point swivel.

The only apparatus provided are a 2.3m pole covered in silicone tape, a firetoys hammock, a 65cm trapeze and a 7m uncovered rope.

### Doubles Categories

Doubles categories are for competitors on any aerial apparatus that can be mounted to a single point swivel, including silks and lyra.

Only one piece of equipment is permitted.



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## Returning Winners

### 2018 category winners

Category winners are invited to return the following year to try and defend their title providing they still meet the entry criteria outlined within the entry pack, for a maximum of 3 years. If you win the same category in three consecutive years you will not be permitted to enter that category in the 4th year but instead will be invited to do a guest performance and receive a special award for your achievement.

Please ensure you have read and understood the entry criteria outlined in this entry pack before confirming your intention and eligibility to return.

We do not need you to complete the first page of this form but do require you to return the declaration below.

### IF YOU INTEND TO RETURN IN 2019

- \* Please submit the below declaration to us before 26th May 2019. If we do not receive a signed declaration prior to this date then you forfeit your right to compete in the 2019 UK Aerial Performance Championships.
- \* Please submit your bio and photo to us for use in our programme by 1st July 2019.
- \* As music in the final is permitted on a first come, first served basis, we strongly advise you to notify us of your music choice as soon as possible to avoid disappointment. All music must be submitted by 1st August 2019 in MP3 format to [music@ukaerialperformance.co.uk](mailto:music@ukaerialperformance.co.uk).
- \* Please ensure you have read and understood the judging criteria as this sometimes changes from one year to the next and you need to be aware of any changes before planning your routine.

**Please Read and Sign** - If under the age of 18 this must be signed by a parent or guardian.

*By signing this declaration I am expressing my intention to return to the UK Aerial Performance Championships final on 24th August 2019. I am currently still eligible to enter the category I placed 1st in during the 2018 championships and if this changes I will notify organisers as soon as I can.*

*I have read and understand the terms and conditions and judging criteria, and by submission of this form wish to be entered in the events above. I hereby, for myself, my heirs and my executors, waive and release any and all rights and claims I may have for damages against Freestyle Fitness and/or their sponsors, agents or representatives for any injuries which may be suffered or damages/loss of property by attending, participating in or travelling to or from said competition by submission of this form. Participation or attendance constitutes authorisation to use and reproduce any and all photographs, negatives or positives, proofs and prints taken during the event.*

**Signed:**.....

**Date:**.....

**Print Name:**.....

**Relationship to Competitor:** .....